

**INFO-PARENTS**

Information on Asthma  
for families and public



To Breathe's information for Parents and Public

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# Asthma Frequency, Gender and Age

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Nov 2002

Asthma is a very frequent disease.

Ten percent of children and adolescents have got asthma, and males suffer this disease more than females, but in adult age, the opposite happens, and Asthma is more frequent in females (we do not know well the reason).

The prevalence (people who suffer asthma at the same moment) is on the rise, especially among children. This circumstance has been reported in a lot of countries and this increase in number of asthmatics is a worldwide problem.

Asthma can happen at an early age, since infants. It is very important to know that there is no specific test for asthma, and at early ages there are other wheezing diseases.

So asthma is a

- high prevalence disease
- this prevalence is increasing
- during childhood, it is more frequent in males
- infants, children, adolescents and adults can suffer asthma

**one out of ten children have got asthma**