

INFO-PARENTS

Information on Asthma
for families and public



To Breathe's information for Parents and Public

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Has Asthma got a Cure?

Nov 2002

Nowadays, we do not have a cure for asthma.

But it is important to understand what we mean by this statement.

We can offer people with asthma a life free of asthma symptoms. That is sure if patient and family follow medical recommendations: taking medicines, avoidance of triggers, quit tobacco...

But we cannot solve the problem that asthma is a heritable disease. We do not have treatments against altered genes involved in asthma (we still need to know all genes related to asthma !).

Our message is positive but it includes a warning:

children and adolescents with asthma can have a life free of asthma symptoms (that means, a life free of asthma), but really asthma remains, airways inflammation remains, and if family leaves correct asthma cares, asthma symptoms will come back again.